

# TRAINING COURSE - ERASMUS ACCESS

# 5-13 October 2018, Nagybörzsöny, Hungary

# Why this project?

In Europe, still many young people are not aware of or not able to access international programs such as Erasmus plus, this is not big news – but what about young people with disabilities? It is even more challenging to access international non-formal educational activities for them and we would like to do something about this.

#### Aim:

By organizing this training programme we would like to encourage and empower youth organizations to carry out their projects in a more inclusive manner than before and to better include young people with disabilities in their non-formal educational activities.

## Specific Objectives of the Program:

- To raise awareness of the multiple discriminations faced by young people with disabilities;
- To think about the specific challenges that young people with disabilities face in accessing international programs and non-formal educational activities, and how our organizations can support them to get involved in those actively;
- To use non-formal education as a tool for inclusion and to adapt non-formal educational methods of our organizations to be accessible for young people with disabilities;
- To discover the Erasmus + program and how it can be used to foster inclusion in the field of youth work
- To adapt the organizations' project management processes to be able to cater for various access needs and thus to create more inclusive youth projects;
- To develop strategies on how to better include young people with disabilities in international nonformal educational activities.

# Profile of participants

Delegates of organizations with a) direct experience in working with disabled young people and b)
organizations wanting to become more inclusive and willing to involve disabled youth into their
projects;

- The participants: youth workers who have experience working directly with young people, either as
  professionals, NGO employees, local group leaders or volunteers, but they do not focus on disabled
  youth as primary target group, but they are motivated to get engage in youngsters with disabilities in
  their work;
- Would-be youth exchange leaders open to learn how to organize accessible youth exchanges
- Participants that have a proactive attitude
- + Aged 18 no age limit

### Dates, location, accommodation

The location will be Nagybörzsöny (a village) in Hungary in the area of Börzsöny, which is a small mountain range in Northern Hungary. The varied landscape offers good atmosphere. A large part of the Börzsöny is a National Park.

The participants will be sharing rooms with 2-3 others. Each room has private bathroom and toilets. The venue is accessible and can host up to 3-4 wheelchair users. (4 if two participants are ready to share a room.)

You can look around on the website of the guesthouse: <a href="http://www.borzsonyhotel.hu/en/">http://www.borzsonyhotel.hu/en/</a>

Breakfast, lunch and dinner will be provided by the project budget.

The guesthouse has got wi-fi.

We would also encourage you to share your access needs with us, we are ready and glad to support you, here is a form where you can indicate this:

Furthermore, if you have any special need such as specific diet, special need, allergies etc., please inform the organizers well in advance (Minimum 4 weeks prior the TC, a questionnaire will be sent to the selected participants).

**Arrival day:** 5<sup>th</sup> October 2018, Budapest. The meeting point will be set later, but we expect that participants should arrive the latest by 18.00h in Budapest. A rented coach will take us to the venue. For wheelchair users we ill organise a minimal /taxi that will take them to Malomkert guesthouse. The dinner on 5<sup>th</sup> will open the programme at the venue, around 8 pm.

**Departure day:** 13<sup>rd</sup> October 2018. Since ca. 2 hours are needed to get to Budapest from the venue, please consider your booking and if possible only book flight ticket with an afternoon departure. **Before buying** the ticket let us know about your choice, and its price to have a green light to buy it.

The travel dates are: 5<sup>th</sup> October for arrival at the venue and 13<sup>rd</sup> October 2018 for departure from the venue. You are allowed to stay 1-2 days extra before or after the training week on your own expenses for visiting Hungary. Outside of this time frame, your travel costs will not be reimbursed.

The training course will be implemented in the framework of the EU Erasmus+ Programme, and travel expenses will be reimbursed to all participants according to **travel limits set by the Erasmus+ Programme.** If you stay within the given budget, your expenses will be covered 100%, and if you spend more, the exceeding amount will be your own contribution to your travel. Please find the maximum amounts participants can spend to travel to the venue in Nagybörzsöny.

List below.

<u>25 € is deducted from the travel limit</u> as it is the price of the transfer we will organize between Budapest and Nagybörzsöny, and on the way back.

## LIST OF TRAVEL BUDGET

PARTNER ORGANISATIONS	No. of pax (incl.	Budget limit per person
	personal assistants	
	if needed)	
ASOCIACION BUILDING	3	250 €
BRIDGES (E)		
Evropske centrum mladeze	4	2 <sup>nd</sup> class train ticket, bus ticket will be reimbursed. If the
Breclav/European Youth Centre		group comes by car, the petrol consumption will be
Breclav z.s. (CZ)		reimbursed upon road records. If you come by flight please
		discuss it with the organizers.
JUMP IN (I)	4	250 €
Palavras Infinitas - Núcleo de	3	335 €
Inclusão, Comunicação e Media (P)		
EUROPEAN NETWORK ON	6	250 €
INDEPENDENT LIVING		
BRUSSELS OFFICE –ENIL (B)		
TE IS Foundation (HU)	5	2 <sup>nd</sup> class train ticket, bus ticket will be reimbursed. If the
		group comes by car, the petrol consumption will be
		reimbursed upon road records.

Please try to find the cheapest solution.

The reimbursement of your travel costs will be organised on the spot in cash (EUR) during the training course, so please bring all necessary documents and receipts to make the process easier.

#### REIMBURSEMENT

Please keep all your tickets, boarding passes, invoices and any receipts (even if it does not seem important), do not throw away anything!

Hungarian means of transports (airport shuttle minibus, public transport to the city centre) can only be reimbursed if you have an invoice and the ticket as well. You can book your minibus return ticket (!!) online for the name and address of **TE IS Alapítvány 2097 Pilisborosjenő, Olga u. 3..** http://www.minibud.hu/. Taxi will not be reimbursed.

According to the Hungarian rules, all the companies are obliged to issue an invoice. Unfortunately not all the ticket officers speak in English, so better if you write down ÁFÁS SZÁMLA (= VAT invoice). Nyugta (Bill) is not equal with Számla. So if you see nyugta on the slip of paper you received, it will not be reimbursed. Then go back to the cashier and ask for SZÁMLA /Invoice. For all the tickets you buy in Hungary you should ask an invoice for the following name:

## TE IS Alapítvány 2097 Pilisborosjenő, Olga u. 3..

Better to note these data or keep with you printed this page.

Accommodation and food during the training course will be fully covered. Insurance is obligatory and should be arranged and covered by each participant and will not be reimbursed.

To apply for the TC, please use google form.

https://docs.google.com/forms/d/e/1FAIpQLSflO3YGvEB9A85zQMduqTUpDlajFyBse-GhmBG5cvwy-0eNjA/viewform?c=0&w=1

!! Important: Consult the organisers before buying tickets. Only ticket options approved by the organisers will be reimbursed.

We are looking forward to unfold this project with you! Warm greetings from the project team,

Trainers:

Zara (UK), Aneta (CZ), Zóra (HU)

& the organizer

Kata